

MEDICAL FIGHTERS AGE 41 OR OLDER

All Boxing, Bare Knuckle, MMA (Pro or Amateur), Kickboxing (Pro or Amateur), and Toughman competitors requesting to compete in Alabama age forty-one or older must submit the below listed six items. Documents should be compiled by the Promoter and submitted in one complete package to the Executive Director no less than fifteen days prior to the start of the event. The package will be reviewed by the Executive Director, Board of Commissioners, and Medical Advisory Board for approval/denial.

1. Annual Physical
2. Annual Dilated Eye Exam by Ophthalmologist or Optometrist
3. Annual Neurological Exam with Neurocognitive Evaluation
4. Initial MRA brain and then MRI every Three Years After
5. ECG and Graded Exercise Stress Echocardiogram Test (Not Perfusion Study)
6. Lab: Complete Blood Count (CBC) and Chemistry (CMP: Complete Metabolic Profile)

Incomplete or documents not received fifteen days prior to the event will be denied.