



Alabama Athletic Commission

260 Commerce Street, 4th Floor
Montgomery, AL 36104

PENALTIES AND FINES FOR VIOLATION OF THE AAC ANTI-DOPING PROGRAM

1. Penalties for violating AAC's Anti-Doping policies should be more severe in an effort to deter non-compliance. The categories of violations below track the August 30, 2013 Memorandum from the Steroid and Drug Testing Advisory Board (NSAC). The penalties below are **guidelines** only. Each alleged violation will continue to be examined on a case-by-case basis, and the penalties imposed will be based upon the totality of the circumstances presented at the disciplinary hearing. These guidelines will be used as a starting point. The ultimate penalty may either be lesser than or greater than these penalty guidelines. These penalty guidelines shall be published and publicized.

Sedatives, Muscle Relaxants, Sleep Aids, Anxiolytics, Opiates, Cannabis

- 1st Offense: Eighteen (18) months, 30-40% of purse
- 2nd Offense: Twenty-Four (24) months, 40-50% of purse
- 3rd Offense: Thirty-Six (36) months, 60-75% of purse
- 4th Offense: Life, 100% of purse

Diuretics Being Used to Cut Weight

- 1st Offense: Twenty-Four (24) months, 30-40% of purse
- 2nd Offense: Thirty-Six (36) months, 40-50% of purse
- 3rd Offense: Life, 100% of purse

Stimulants (amphetamines, cocaine, etc.)

- 1st Offense: Twenty-Four (24) months, 35-45% of purse
- 2nd Offense: Thirty-Six (36) months, 50-60% of purse
- 3rd Offense: Life, 100% of purse

Anabolic Steroids (includes Testosterone, HGH)

- 1st Offense: Thirty-Six (36) months, 50-75% of purse
- 2nd Offense: Forty-Eight (48) months, 100% of purse
- 3rd Offense: Life, 100% of purse

Avoiding Testing/Detection/Urine Sample Not of Human Origin or Not of Tested Athlete, Adulterants, Drugs (including Diuretics) Used as Masking Agents

- 1st Offense: Forty-Eight (48) months, 75% of purse
- 2nd Offense: Life, 100% of purse



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2. We will continue to follow WADA's Prohibited List, for both prohibited substances and prohibited methodologies.
3. We will continue to follow WADA's definitions, particularly the definition of "In-Competition."
4. We will add diuretics being used to cut weight and stimulants to the list of substances and methods prohibited at all times (prohibited both in-and-out-of competition).
5. We will continue to follow WADA's prohibition against cannabis in-competition and WADA's testing and tolerance levels for cannabis.
6. A finding of liability upon a disciplinary complaint will result in a "LOSS" instead of a "NO DECISION" and an * nest to the loss and a footnote on the contestant's record that this loss was due to a positive drug test.
7. AAC will increase the amount of out-of-competition testing, where applicable. Both urine and blood samples should be collected as needed. Blood samples should not be collected within 7 days of a competition.
8. If a fighter feels they might fight in Alabama then they will be encouraged to get their license at the beginning of ever year. All fighters should have a license prior to fighting in Alabama.
9. As a condition of the granting an Alabama license by the AAC, the applicant shall be educated and sign an acknowledgment of the rules/regulations/and penalties concerning AAC's anti-doping program. As a part of the educational materials, AAC will include materials educating the applicant that all substances ingested is their responsibility and to be cautious of what they take from trainers, friends, managers, coaches, or people they don't know.
10. The pre-fight medical questionnaire will continue to be employed. On the fighter and someone licensed by the AAC may sign the pre-fight medical questionnaire.
11. All promoters must employ an anti-doping policy and require all fighters with whom they contract to be educated in that anti-doping policy. Any violation by a fighter of the promoters' anti-doping policy shall be adjudicated by the AAC. Each promoter should provide for that adjudication with the fighters with whom they contract in their written agreement.
12. All expenses of out of competition tests shall be the responsibility of the promoter who is promoting the event in which the fighter is scheduled to compete or with whom the promoter has contracted. All such fighters may be subject to enhanced testing at the discretion of the AAC. AAC should negotiate with different labs to get the best possible price.
13. Any fighter who has not paid in full their fine to the AAC, or made arrangements for a payment plan and are in compliance with such a plan, shall be placed on the AAC's suspension list to be honored by all states in an effort to improve collection.
14. If during the course of an investigation or resolution of a disciplinary complaint the AAC learns of other licensees or persons within AAC jurisdiction than the fighter, potentially



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involved in the infraction, then the AAC shall investigate the additional persons and bring disciplinary complaints, if the evidence warrants such a complaint.

15. The AAC shall prepare a written and signed policy by all inspectors as it pertains to handling of tests and chain of custody of samples and the penalties for interfering or tampering with a sample.

16. Miscellaneous:

- a. AAC should draft a post-fight collection policy if a fighter is being transported to the hospital.
- b. AAC should not be a signatory to the WADA Code.
- c. AAC should employ the use of tamper-proof collection kits, if the expense is reasonable.
- d. AAC should require copies of the relevant provision from contracts between fighters who have agreed to the use of a third party testing organizations to be filed with the AAC. Each such contract must include a provision that requires all tests conducted and all results to be shared with the AAC immediately upon determination by the laboratory.

17. Effective date for these policies shall be 9/11/2015 or as soon thereafter as possible.